

240i StretchTrainer™

Designed for commercial use to incorporate stretching into every workout.

Features

Proprietary Stretching Design	<ul style="list-style-type: none">• The unique, seated design helps stabilize the back during stretching movements so the user can complete an effective stretching regimen in only 10 minutes.• Movement is enhanced by gravity and seamlessly translated into positive feedback and immediate results.• Users can improve flexibility, coordination, and overall athletic performance.• Placard instructs users on the eight essential stretches to target key muscle groups.• Accommodates users of all heights.• Padded handlebars allow the user to control the intensity and duration of each stretch.• Comfortable seat and kneepads help user sit comfortably.• Wrist straps provide an improved security and control.
Frame	<ul style="list-style-type: none">• Two-step powder-coating process applies rust-resistant undercoat and cosmetic topcoat to a steel frame with a 50mm (1.9in) tube diameter and 2 mm wall thickness.• Pivot points use quiet, self-lubricating bushings.• Light weight and small footprint allow for convenient placement anywhere in the facility.
Warranty	<ul style="list-style-type: none">• Five years frame, 2 years parts, 90 days upholstery. Warranties outside the U.S. and Canada may vary.

8 essential stretches

- | | | | |
|---|---|---|--|
| <ul style="list-style-type: none">• Lower back• Hamstrings | <ul style="list-style-type: none">• Gluteal/Hips• Hips/Legs/Back | <ul style="list-style-type: none">• Inner Thighs/Groin• Upper back | <ul style="list-style-type: none">• Shoulders• Quadriceps |
|---|---|---|--|

Weights and Measures

<ul style="list-style-type: none">• Length• Width• Height	<ul style="list-style-type: none">52 in (132 cm)28 in (71 cm)36 in (91 cm)	<ul style="list-style-type: none">• Weight• Shipping weight• Maximum user weight	<ul style="list-style-type: none">60 lbs (27 kg)90 lbs (41 kg)250 lbs. (113 kg)
---	--	--	---